

# Making the Most of Your Time on JET



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# Purpose

- Re-contracting decisions?
- Are you making the most of your time here?
- Introducing ideas for ALTs to use at school
- JET Program Participants Activities Report
- Talk about the roles of the JTE or 担当者





# The Re-contracting Decision

# “WHAT CAN I GET FROM JET?”

- ◎ JET is a **once in a lifetime** opportunity
  - Twice in a lifetime for a hardcore few...



- ◎ Important Questions
  - What am I doing here?
  - Am I doing a good job?
  - What's my next step?
  - What will I take away from all of this?
  - Am I making the most of my time here, or is there something more?

# GOAL SETTING:

## “WHAT AM I DOING HERE?”

- ◎ What were your goals before coming to Japan?
  - Personal / Professional
- ◎ Are you making any progress?
  - Realistic / Unrealistic
- ◎ So what's stopping you?
  - External / Internal
- ◎ What needs to change for you to achieve your goals?
- ◎ Can you set a timeline?



# THE RE-CONTRACTING DECISION:

## “Should I stay or Should I go?”

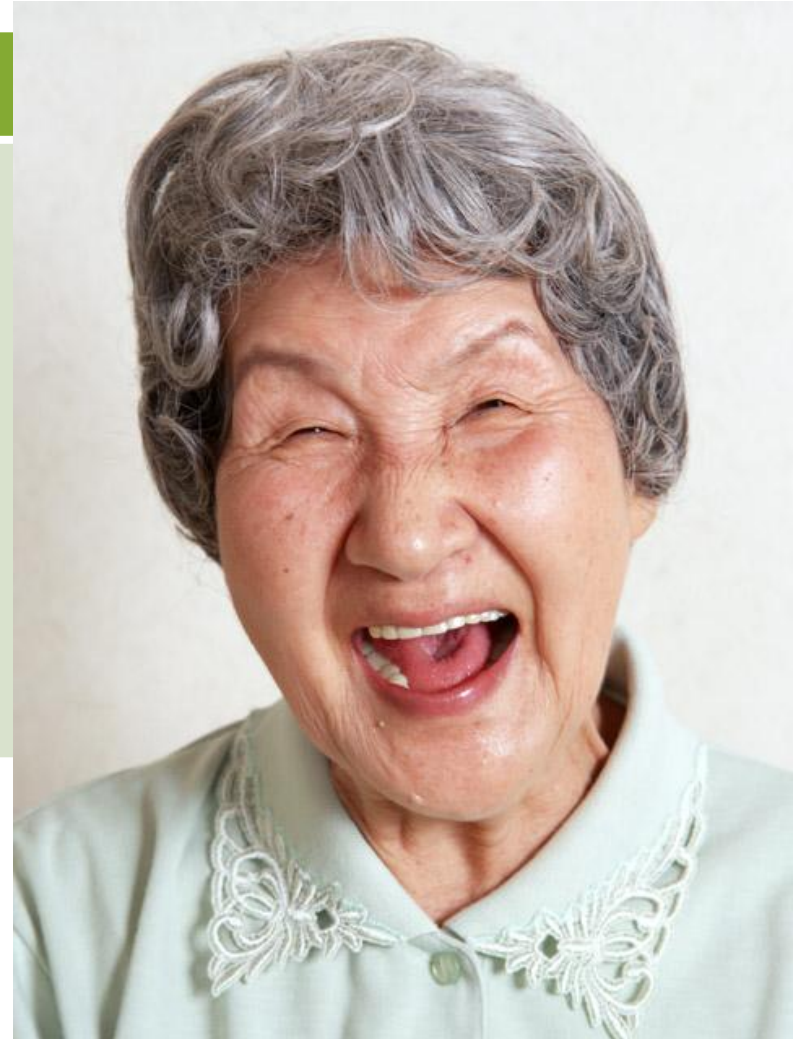


- ◎ Decision in February
  - 18 more months of this...
  - Other emotional factors
- ◎ What is likely to change
  - Coworkers, friends
  - Responsibility at work
- ◎ What won't change
  - Salary
  - Kumamoto

(for the most part)

# THE RE-CONTRACTING DECISION:

“Should I stay or Should I go?”



# THE RE-CONTRACTING DECISION:

## “Should I stay or Should I go?”

### Good

I want to learn more Japanese  
I want to see my students progress  
I want to get more involved in my community  
I want to take on more responsibility, try out some new ideas/projects  
I love my job



### Not so good

I don't know what I want to do with my life after JET  
My school / CO would be disappointed with me if I left  
I want to travel and see Asia  
The economy is terrible back home  
I hate my job, but I love Japan





# THE RE-CONTRACTING DECISION:

## “Should I stay or Should I go?”

### Weighing the pros & cons

- ◎ What are some of the things that you dislike about your situation?
- ◎ What do you think you will miss the most about your time on JET?



# Thinking about the next Step:

## “Is there life after JET?”

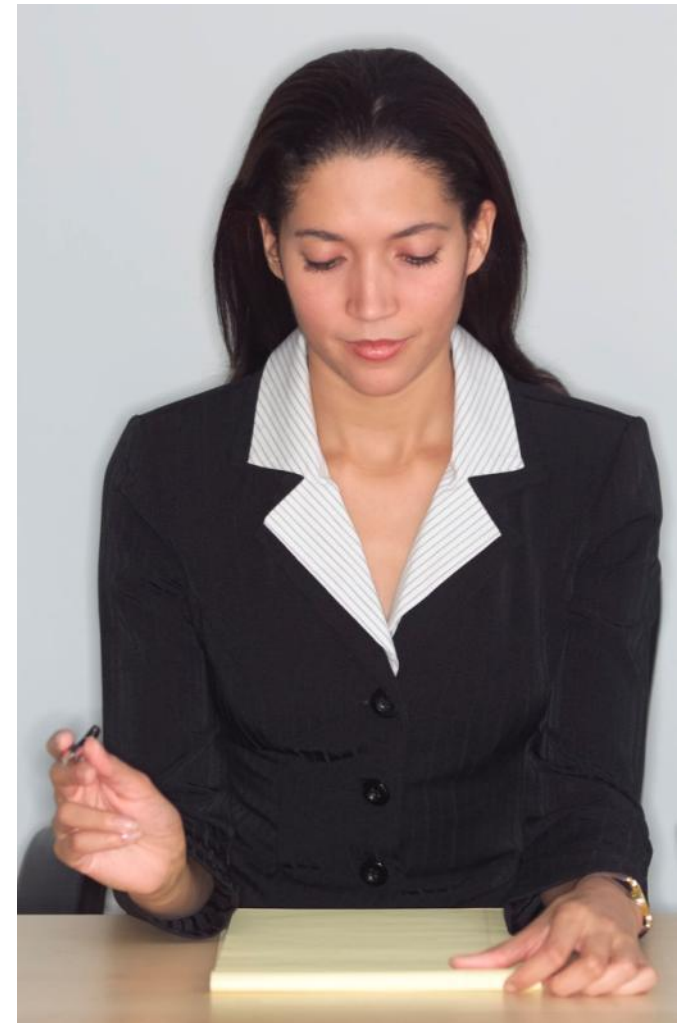


- ◎ Where do you want to be?
- ◎ What do you want to do?
- ◎ What do you enjoy the most about what you do now?
- ◎ What are some of the skills you've gained from this experience?
  - Soft skills / Hard skills
- ◎ What other skills do you need?

# Thinking about the next Step:

“what do I have to offer?”

- ◎ What will your next employer be looking for?
  - Responsibility
  - Initiative
  - Creativity
  - Leadership
  - People skills
  - Language skills
  - Technical skills
- ◎ What does an ALT have?



# Making the most of your time:

## “What can I be doing now?”



- ◎ Take on more responsibility at school
  - lesson planning, *bukatsu*
- ◎ Initiate a new project
  - school or community
- ◎ Improve processes
  - reduce cost, increase...
- ◎ Take on a leadership role
  - AJET, etc.
- ◎ Study Japanese
  - JLPT, BJT, etc.

# Project Ideas:

## What is there to do?

### Small-Scale Projects

- Start English club at school
- Pen-pal program (local, international)
- Cooking / Craft / Dance Classes (Hobbies)
- Community Eikaiwa Class
- English Board
- Communication Cards
- Casual Sporting Event
- Library English reading events
- Manga lesson/eikaiwa
- English Movie Club
- Translation help for the BOE

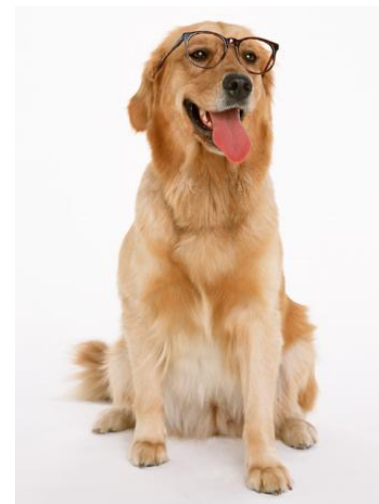


# Project Ideas:

## What is there to do?

### Medium-scale projects:

- Maintain a school/town website
- Summer / Winter Elementary JH English class
- Set up an international booth at an existing event
- Photograph / Art Exhibit
- Coaching a sports team
- Holiday Party
- Eigode.....
- Flea Market
- Get involved/start a charity event



# Project Ideas:

## What is there to do?

### Large-scale projects:

- English Summer Camp
- Overseas home-stay trips
- International Festival
- Talent show / Musical
- Sports Tournament
- Beach Party
- Guinness World Record
- Sister City Relationship (Schools)



# MAJET ALT Art & Culture Show

- Sponsor: Miyagi AJET (MAJET)
- Support: Sendai International Relations Association
- Support: Sendai International Association
- Director: Jamie Rosenberg, and A&CS Staff
- Participants: The people of Miyagi and local Foreigners
- Date: Fri, April 10<sup>th</sup> – Sun, April 12<sup>th</sup>
- Work?
- Support from JTE/Tantou?



# Performances



Iain  
C a m p b e l l

Magic  
P e r f o r m a n c e

Vermont, USA

Maya  
T a t s u n o

Hula  
P e r f o r m a n c e

Hawaii, USA



Jacky  
Y o u n g

S i n g i n g  
P e r f o r m a n c e

Someplace, ??

## Workshops 4月11日

### 11:00~11:30 American Coffee

コーヒー飲みたくない? (アメリカ出身ALTによるコーヒーワークショップ)  
ポップアップカード(飛び出すカード)を作ろう!

With Waylon Bryson

### 12:00~12:30 Pop-up Cards

アフリカン・ヘア・ラッピング(布を使った髪の毛の巻き方を覚えよう!)

With Elizabeth McTernan

### 13:00~13:30 African Hair Wrapping

ベリーダンス・ワークショップ With Aiyana Appling

### 14:00~14:30 Belly Dancing

ヘナ・アート(シンガポール出身ALTによるボディ・ペインティング)

With Jennifer Wang

### 15:00~15:30 Henna Hand Art

まるごとスコットランド(スコットランドの食べ物やダンス等の紹介)

With Lili Seet

### 16:00~16:30 Scottish Culture & Dance

ロトスコープを使って、アニメと写真を合体してみよう!

With Kevin Romão and Matthew Sime

### 17:00~17:30 Talking Party with a Twist

ALTとしゃべらないと!(ALTとのおしゃべりタイム)

With Michael McKay

## Workshops 4月12日

### 11:00~11:30 Easter Egg Hunt

イースターエッグ(復活祭の卵)を探せ!

With Heather Heinz

### 12:00~12:30 Kimono & Yukata Tying

浴衣分かったよかった!(アメリカ出身ALTによる着物と浴衣の着付け)

With Alia Greenbaum

### 13:00~13:30 Jamaican Aerobics

ジャマイカ出身ALTによるカリビアン・ダンス・ワークショップ

With Shawnee Hardware

### 14:00~14:30 Stencil Printmaking

誰でもできる!簡単!ステンシル版画 With Tara Wisniewski

### 15:00~15:30 Swing Dance

スウィング・タイム(スウィングダンス・ワークショップ)

With Audrey Anderson

### 16:00~16:30 Hula Dancing

ハワイ出身ALTによるフラダンス・ワークショップ

With Maya Tatsuno

# The Art Show Cabinet

Advertising  
Makie Sugawara

Translator  
Jin Ito

Advisor  
Kaleb Urike

Opening Gala Producer  
Art Show Designer  
Tara Wisniewski

Workshop Coordinators  
Stacey Taplin  
Aiyana Appling

Directors  
Jamie Rosenberg  
Nata Nam

Sponsors  
MAJET,  
The Sendai International  
Relations Association (SIRA),  
The Tohoku Exposition Memorial  
International Exchange Fund.

# Thank you!

# Miyazaki 60 Guinness Book of World Record Attempt

- Longest Basketball Marathon attempt, 60 hours
- Planning period: October 2005 – June 2006
- Date: (Fri) June 16<sup>th</sup> – (Sun) June 18<sup>th</sup>
- MIC vs MMC and JETs
- Main Sponsor: Miyazaki City Board of Education
- Backup Support: Miyazaki Sports Association
- M60 Committee
- Support from Tantousha/JTE
- Work?



# Miyazaki 60 Breaks the World Record!



# Dealing with obstacles:

## “How can I make it work?”



- ⦿ New ideas are often *chotto*-ed
  - Important to show precedent
- ⦿ More work (=burden) for others
- ⦿ Very difficult to secure budget
  - What if we lose money?
- ⦿ Insurance Issues
  - Who takes responsibility?
- ⦿ Start small and simple
  - If the event is successful, you'll be able to get more help in the future

# The role of the JTE or 担当者



- Support
- What should you do?
- How much should you help?
- Do you have to help out?
- Work?
- Budget
- Responsibility



# Why do you do this?



- International Exchange with the students and the community
- ALTs can do more than just teaching English
- ALTs want to raise their Japanese Language abilities
- This is for you
- What ALTs are thinking:
  - Want to do more
  - Some have time at school
  - Since Japanese people are soo nice they want to return the favor

# LEAVING A LASTING IMPRESSION: “How will I be Remembered?”

- ◎ Your job as an ALT gives you a unique opportunity to have a significant impact on your students and community
- ◎ Getting involved in your community will make your experience more rewarding, and help you make lasting personal connections
- ◎ It's up to you whether you will be remembered as someone who is just passing through, or someone who made a difference

**DON'T SETTLE FOR THE MINIMUM EFFORT!!!**

# QUESTIONS? COMMENTS?



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WEBSITE**

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